

## Tournament Rules and Guidelines

- Overtime matches will comply with the Federation of High School Rules.
- Minimum rest between matches and maximum number of matches not in effect.  
Exception: If requested, 6 and under through 15 and under will have a 10 minute rest between matches.
- All age protests must be made before the weigh-in session has completed.
- Birth certificates must be available if requested by a tournament director.
- Protest Fee: \$100
- Hair cover, if required, must be with wrestler at weigh-in.
- Hair code, skin check & fingernails will be enforced by referees. Skin conditions, if required, must be on a National Federation medical release form and dated within 10 days of event.
- Child abuse, abusive language, disorderly conduct, etc., will not be tolerated and will be dealt with severely.
- Must make weight in singlet.
- Coaches' passes and/or floor passes must be visible. Press or Media passes must be pre-approved prior to entry. Proper vest and press credentials must be worn and may not sit in the coaches' seat as a coach.
- Must register with exact team name to compete for team awards and to receive Coaches' Passes. Changes will not be made after registration.
- Total number of Coaches' Passes determined by the number of entries:
  - One Coach's pass for every 5 wrestlers registered together as a team up to 4 passes.
  - 1-5 wrestlers=1 coach pass; 6-10 wrestlers=2 Coaches' passes; 11-15 wrestlers=3 Coaches' Passes, etc. Additional passes available for purchase.
- Must Pre-Pay and Pre-Enter. Must enter online.
- Time periods are as follows: 6 and under: 1-1-1 8,10,12, 15 and under: 1 ½-1 ½-1 ½ All Consolation matches: 1-1-1. Novice and Girls tournaments: 1-1-1; Medal matches are the same as championship rounds.
- Round Robin ties – 1<sup>st</sup> criteria will be most wins, 2<sup>nd</sup> criteria is most falls, 3<sup>rd</sup> criteria is head to head. Any exhibition matches do not count toward any awards.

- **Outstanding award – based on Champion with the most falls in the least amount of time.**
- **Must be present to win any awards.**
- **We reserve the right to make changes to the schedule as necessary. If any changes are made, they will be published at weigh-in.**
- **Novice is not an age group. Novice is any FIRST or SECOND year wrestler. If you have wrestled only one match in a season, it counts as a full year.**
- **Novice eligibility protests must be made by the end of weigh in.**
- **Weight changes will be allowed at the weigh in. A fee equal to the entry fee for the tournament will be charged for any weight change.**
- **Open seeding will be based on the following criteria: Returning JOC champion/placer, National youth ranking, and national tournament champion/placing. Local and state tournaments will not be considered. National tournaments are defined as tournaments with national recognition and athletes participating from across the United States.**
- **We reserve the right to make changes to the schedule as necessary. If any changes are made, they will be posted in the arena and on social media.**